

2023-2024
Karnes City I.S.D.



Athletic Handbook

KCISD Athletic Handbook

The Karnes City Independent School District (KCISD) athletic Handbook is established to better serve as guidance tool which can be referred to throughout the course of the school year. The intent is to provide a clear and concise understanding of what solidifies our foundational beliefs, expectations, and policies within our KCISD Athletics Program. I emphasize that all situations may not be specifically covered in the Handbook; however, appropriate actions will be administered throughout athletic policies, school policies, and University Interscholastic League (UIL). policies. This Handbook is neither a contract nor a substitute for the official KCISD policy manual. Additionally, **athletes and parents are reminded that participation in interscholastic athletics is a privilege, not a right.** Furthermore, as set forth in the KCISD *Student Code of Conduct*, all athletes in grades 7 through 12 participating in KCISD athletics will be required to comply with the following guidelines and disciplinary regulations within KCISD Athletics Programs.

At any time, the KCISD Athletic Director has the authority to make final decisions and determinations at his/her discretion if a scenario arises when a decision cannot or will not be made prior, or if they believe it is for the betterment of the Karnes City Athletics Program as a whole.

The UIL is the State governing body for the athletic programs in Texas public schools. The KCISD Board of Education, administrators, coaches, and teachers fully support the U.I.L. and its enforcement of the rules.

It should be stressed again that being a member of an athletic team is a PRIVILEGE, not a right. With it being a privilege, any coach has the authority to address behavior unbecoming and communicate the violation of rule(s) which may result in negative consequences. Such consequences may range from a loss of playing time. Or in a more sever instance, may result in complete dismissal from the team.

NOTICE OF NONDISCRIMINATION

It is the policy of the KCISD not to discriminate based on race, color, national origin, sex, age, or disability in admission or access to, or treatment or employment in, its programs and activities as required by Title VI, 42 U.S.C. of the Civil Rights Act of 1964, as amended, Title IX, 20 U.S.C. of the Education Amendments of 1972, Title II, 42 U.S.C. of the Americans with Disabilities Act of 1990, the Age Act of 1975, 42 U.S.C. and Section 504 28 C.F.R. of the Rehabilitation Act of 1973, as amended. No provision of an extracurricular behavior standard shall have the effect of discriminating based on the athlete's sex, race, disability, religion, or ethnicity.

DEFINING KCISD ATHLETICS

Extracurricular Athletic activities promote self-discipline, responsibility, leadership, teamwork, self-confidence, commitment, and student wellness, among other things. They enhance and enrich curricular educational offerings. These activities offer participants the opportunity to be leaders and role models on campus and in the community. They enable participants to represent the KCISD in a positive manner. Participants in extracurricular activities are representatives of KCISD and must conduct themselves in a manner that always reflects positively on KCISD. Specifically, they must:

- Prioritize grades, in-class learning progression, and good character habits above all other extracurricular activities.
- Be punctual and prepared for all games, practices, meetings, performances, camps, and/or other scheduled events related to an extracurricular activity.
- Treat all school property with respect and ensure that school property is returned upon request and in good condition (excluding reasonable wear and tear).
- Abide by KCISD's dress and grooming standards for students as well as any dress and grooming standards applicable to the specific extracurricular activity.
- Comply with all UIL rules, including those related to random steroid testing, if applicable.
- Be courteous and respectful toward all fellow participants, school faculty and staff members, spectators, parents, and officials, whether from KCISD or from any other school district.
- Comply with and adhere to the behavioral standards identified in the KCISD Student Code of Conduct.

DEFINING PROPER COMMUNICATION EXPECTATIONS

As your child becomes involved in the athletic programs at Karnes City, they will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way your child hoped or planned for regarding athletics. In these instances, open communication with the coach is strongly encouraged. Examples of this situation include the treatment of your child, ways to help your child improve, concerns about your child's attitude and exploring academic support.

We realize it's difficult and frustrating when a parent and/or athlete feel they're not receiving adequate playing time, when you feel it's needed or deserved. However, it will be the coach's discretion to make all decisions about playing time and/or position within the given sport. Please know that we are your child's biggest supporters, and we want them to have success, both individually and as part of their team(s).

Coaches are professional educators; several of whom competed at the collegiate level. They make judgments based on what they believe to be the best for all students involved for the betterment of their programs. We will not jeopardize the integrity of our foundations at any time to please a select few for specific individual/personal gain or benefit.

By encouraging an open line of communication between athlete and coach, or parent/guardian and coach, we realize there will be situations that may require a conference between the coach and the parent. Conferences of this nature are encouraged. It is important that both parties involved have a clear understanding of the other's position.

There will NOT be a conference about playing time without the student athlete and coach present. We are always encouraging KCISD Athletes to advocate for themselves as much as possible as this is a life skill that will benefit them for years to come.

STEPS TO SET UP A COACHES MEETING/CONFERENCE

- Call or email the coach to set up an appointment.
- Prior to a meeting with the Athletic Director, there must be a previous meeting with the coach and Athletic Coordinator.
- If the coach cannot be reached or there is further need for discussion/clarification, then call the Athletic Coordinator or Athletic Director. A meeting will subsequently be scheduled.

PLEASE DO NOT attempt to confront a coach before, after, or during a contest/practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not prompt resolution.

If the meeting with the head coach does not provide a satisfactory resolution, the next step is to set up an appointment with the Athletic Director.

Please reference the following contacts and phone numbers when scheduling a meeting or questions:

Karnes City Athletic Director - (830) 780-2321 ext. 223

High School Boy's Office - (830) 780-2321 ext. 325

High School Girl's Office - (830) 780-2321 ext. 326

Junior High School Boy's Office - (830) 780-2321 ext. 420

Junior High School Girl's Office - (830) 780-2321 ext. 419

BADGER AND LADY BADGER PRIDE & EXPECTATIONS

According to the U.I.L. rules, participation in athletics is a privilege and not a right. Only those students who abide by school and athletic policies will be allowed to represent KCISD.

When young men and women sign up for athletics and become a member of a team, they make a commitment. They are not forced to participate. It is voluntary. Therefore, they are expected to follow rules of order and exemplify the expectations set before them.

In return, the coaching staff here at Karnes City is committed and invested in your child. We care for their well-being of every student-athlete and will always strive to develop positive, impactful relationships with them. The hope is that athletics aides in the development of proper life skills and explores the importance of core/fundamental principles that will always be relevant along the student athlete's journey beyond KCISD.

Parents should strive to help their son or daughter to achieve success in athletics. Success is defined as participation at 100% of the individual's ability. We can never expect athletes to do more than that for which they are capable; however, we do expect and desire for them to maximize their potential. Supportive parents can instill a strong positive desire to maintain this structured and driven lifestyle in the athlete long after their playing days are over. Key components parents & guardians can assist with include, ensuring that the student athlete is punctual, attends practices and games, maintains a coachable mindset, and follows the rules and regulations set forth by the U.I.L. as well as this athletic Handbook.

EXPECTATIONS WITHIN KARNES CITY ATHLETICS

WHAT IS EXPECTED FROM KC ATHLETES:

1. Maintain academic integrity and actively participate in the educational process.
2. Have great attendance. (can't get better if you're not present and/or tardy)
3. Give Relentless Effort & Compete in ALL we do.
4. Always RESPECT Karnes City. (Teammates, administrators, coaches, staff, peers, family)
5. Be a great communicator.
6. Be a Leader, not a follower. Set the example and strive for goodness.
7. Demonstrate good morality and integrity.
8. Be ACCOUNTABLE.
9. Be Organized & Driven. (Set goals and work to achieve both personal and team goals)
10. Never be complacent and always strive to Raise the Bar.

WHAT ATHLETES AND FAMILY CAN EXPECT FROM THE KC COACHING STAFF:

1. Be fully invested in the student athletes and KC Athletics.
2. Be honest and strive for transparency.
3. Provide leadership and proper training tools necessary to achieve goals and constantly improve.
4. Extinguish all efforts to ensure the success of all KCISD Athletes.
5. Teach athletes strategies on how overcome Adversity through training mental and physical conditioning.
6. Treat ALL athletes and family with respect & dignity.
7. Make informed decisions predicated on what is best for the TEAM.
8. Act as a role model and provide influence in the athlete's life.
9. Always give the praise to the team and athletes when deserving.
10. Help to *RELENTLESSLY RAISE EXPECTATIONS EVERYDAY!*

EXPECTATIONS FROM PARENTS, FANS, and SPECTATORS

Remember that you are at the contest to support your child and their team. The goal is to enjoy the skill and competition, not to intimidate or ridicule the officials, coaches, athletes, opposing team members, or its fans. Remember that school athletics are a learning experience for students and that mistakes are sometimes made. When attending a KCISD event whether in Karnes City or elsewhere, please be mindful and adhere to the following guidelines:

- Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.
- A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.
- Learn the rules of the game, so that you may understand and appreciate why certain situations take place.
- Show respect for the opposing players, coaches, spectators, and support groups.
- Respect the integrity and judgement of game officials.
- Understand that officials are doing their best to help promote the student-athlete and admire their willingness to participate in full view of the public.
- Recognize and show appreciation for outstanding play and/or skills demonstrated by either team.
- Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e., tailgating).
- Use only cheers that support and uplift the teams involved.
- Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.
- Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors.
- Game officials can notify and request that school administrators have unruly fans removed from a contest and the facilities.

There is no such thing as a “right” to attend interscholastic athletics. Interscholastic athletics are considered a “privilege” and the spectator who avails themselves of it is expected to conduct himself or herself accordingly and within the guidelines set forth by each individual sports’ head coach.

Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, it is hollow if it comes at the expense of morals, ethics, and just plain common sense. The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL contest standards and rules set forth.

ENROLLMENT & PARTICIPATION IN KCISD ATHLETICS

All student-athletes who desire to play an individual and/or team sport for KCISD are *strongly encouraged* to be enrolled in the athletic period for the entire school year. All KCISD Athletics Coaches support student-athletes who demonstrate a sincere interest(s) for participation. If a student-athlete wishes to participate in a sport and is NOT enrolled in the athletic period, a meeting must occur with the athletic director, athletic coordinator, head coach of desired sports, parent/guardian, and athlete prior to participating in any team activity or KCISD sporting event. An understanding, approval and agreement of all terms and conditions discussed in this Handbook and beyond must occur by all parties prior to joining an athletic(s) program/team.

To fully be a part of all activities associated with KCISD athletics, it is required that all participants obtain and use proper athletic clothing and equipment necessary to compete safely and successfully. If an athlete does report with all necessary and required equipment, the athlete may be required to not participate in any athletic activity or competition. This decision will be made initially by the head coach of a sport, and the athletic director as needed. KCISD Coaches will not allow unsafe participation of an athlete who is not in compliance of proper athletic attire.

ATTENDANCE POLICY & NOTIFICATION OF ABSENCE(S)

Late to Practice

Athletics teaches young people lessons that reinforce positive core values and life skills. One of these is to be on time and prepared to begin an activity. When an athlete makes a commitment to a team, then the athlete is expected to abide by it. Individual tardiness is a detriment to the entire team and adversely affects the preparation of all involved.

If an athlete is late to practice, they will be assigned extra physical activity from the coach of their sport in order to ensure that the athlete has made-up the exercises and conditioning from that day. If an athlete is habitually late to practices, it could lead to suspension or dismissal from the team and/or the Athletic Program.

Missing Practice

Practice is a time in which an individual and team prepares themselves to be the best they can be. It is a time in which the athlete develops the skills and work ethic that is necessary to be successful. Practice is never a punishment. It will always have a purpose. Whether the athlete is preparing for a game, academic test, job interview, or etc. they should commit themselves to be successful through proper daily preparation.

Attendance at all practices is mandatory and expected. If an athlete cannot attend, then they must call the coach and leave a message at the appropriate number(s):

Karnes City Athletic Director - (830) 780-2321 ext. 223

High School Boy's Office - (830) 780-2321 ext. 325

High School Girl's Office - (830) 780-2321 ext. 326

Junior High School Boy's Office - (830) 780-2321 ext. 420

Junior High School Girl's Office - (830) 780-2321 ext. 419

Athletic Trainer Office – (830) 780-2321 ext. 6351

We realize that in extreme cases attendance may not be possible. In these situations, we will excuse the absence and only the conditioning segment of the practice will be made up at the coaches' discretion.

The types of excused absences that fall in this category include:

1. Death in the family or immediate friends of the family.
2. An illness that places the individual under direct care of a physician.
3. A planned family outing that cannot be changed IF the coach is informed in advance.

If an athlete's absence is unexcused, they will be assigned extra physical activity from the coach of their sport. If an athlete is habitually absent from practices (3 or more), it could lead to suspension or dismissal from the team and/or the Athletic Program.

*****Athletes will only be excused from athletics with a parental note for 2 days. This will be an excused absence and conditioning will still need to be made up once the athlete returns. After the 2 days, the athlete will need to have a doctor's note. If no doctor's note is provided after the 2 days, the missed workouts will be unexcused. All make-up workouts will be assigned and observed by the coaches. Any failure to comply with this rule will result in removal from the Athletic Program.**

*****Athletes who miss 5 days (excused or unexcused) or more of off-season workouts due to an injury which does not require surgery will be required to make up conditioning before he/she can participate in a contest. The conditioning will be determined by the head coach, and/or Athletic Coordinator. This rule will carry from year to year.**

Quitting and Removal from Team / Athletic Period

We discourage any athlete to quit anything for which they have already committed to. However, if the athlete chooses to quit, they must follow these actions prior to removal from a team:

- *Athlete must meet with individual coach and head coach.*
- *Athlete must meet with the Athletic Director.*
- *Athlete's parent/guardian must be notified and made aware of the athlete's decision to quit.*

Any student that quits a sport will not be able to start another sport until the first sport is completely over. Additionally, this student will also need to be in good standing with our building administration, behavior/office referral review, grades, and attendance. The final decision will be decided by the head coach of that sport, the athletic coordinator, and the Athletic Director for reinstatement to the team or athletic program.

DISCIPLINE MANAGEMENT POLICY

The discipline program detailed below will be followed in our athletic program here at KCISD by all student athletes. These rules are in addition to the school policies currently in place on our campuses. They are in no way to supersede any existing school policy dealing with any situation that may occur but are designed to enhance the learning environment of our student athletes.

Athletics is a privilege, and with that privilege comes higher expectations from all who choose to participate. We expect a certain code of behavior from the young men and women who will be offering their time and efforts representing our school and the Karnes City Community. The discipline management plan is one that will be followed by all teams and by all athletes.

If an athlete is involved in **serious misconduct or is subject to disciplinary consequences in accordance with the *Student Code of Conduct*, then that athlete may also receive consequences and/or experience loss of privileges in KCISD Athletics Organization(s).**

For an athlete to be considered in violation, one or more of the following must occur:

- *Athlete admits to the violation.*
- *Parent of the athlete admits to the violation.*
- *A KCISD staff member witnesses the athlete in violation.*
- *A KCISD administrator has reason to believe that an athlete has committed an offense.*
- *A local agency of the law files a written report of a violation.*
- *A local agency of the law makes a verbal report of a violation.*

REMOVAL AND DISPLACEMENT FROM NORMAL LEARNING ENVIRONMENT

An athlete in grades 7 through 12 shall lose the privilege of participation in extracurricular activities during any period of suspension, placement in a disciplinary Alternative Education Program, or Expulsion.

In School Suspension

If an athlete is assigned to I.S.S., the athlete must do the consequences set forth by the head coach of that sport. If the first offense is severe enough, in the opinion of the Athletic Director, it could lead to suspension or dismissal from the team and/or the Athletic Program. If a student is in I.S.S. they are not allowed to compete in a contest unless their time in I.S.S. is up. Students must attend practice while in I.S.S. to maintain status with program.

Alternative/DAEP School

Any student placed in Alternative Education for 10 days or less will sit out of athletics for a period of 5 calendar days after they return to campus. If a student is sent to Alternative School for more than 10 days, that student will be out of athletics for 10 calendar days. The Athletic Director will then look at grades, referrals, and attendance before that student is allowed back in the athletic program.

The athlete will also be subject to physical conditioning reminders at the discretion of the head coach prior to participating again. This will assist with helping the athlete remember what and why the expectations of our athletes are in place. The student-athlete is not allowed to participate in any athletic events while they are suspended or in Alternative School. Athlete is not allowed to attend any practices, contests, or athletic functions throughout the duration of placement.

Suspension From Campus/School

Any student suspended from school will sit out of athletics for the duration of the suspension. The student is not allowed to participate in any athletic events while they are suspended. The athlete will also be subject to physical conditioning reminders at the discretion of the head coach prior to participating again. Again, higher expectations are set for Karnes City athletes, and must realize that these forms of alternative learning environments cast a negative perception of both the athlete and Karnes City I.S.D. Athletics.

CAMPUS & CLASSROOM DISCIPLINE

Athletics is a privilege, but not a right. With this in mind, we will expect the athletes to conduct themselves in a proper manner in the school and community. They must realize that they represent the Athletic Program in everything they do.

When an athlete is disruptive to the point, they are a negative influence on the learning environment, resulting in consequences administered by either the regular classroom teacher or the principal, then that situation will be addressed within the Athletic Department by necessary staff members. The coaches will not decide the discipline for the classroom teacher, nor will they administer their consequences. We will reinforce our expectations to the athlete by increased physical activity, or if the situation warrants, the athlete will be suspended or dismissed from the Athletic Program.

PHYSICAL ALTERCATIONS/ FIGHTING

Fighting, in any form, verbal or physical will not be tolerated. We are trying to raise our level of personal character through mental and physical toughness. We always want to represent KCISD in the most positive way(s) possible to all we encounter and compete against. Any student-athlete ejected for fighting at a game will be suspended and must complete consequences and make up conditioning for the incident. Games will carry on from sport to sport and year to year. Any student ejected for leaving the bench, sideline, dugout, etc. will be suspended per UIL rules before they compete in a subsequent game. Possible removal and/or suspension from the Athletic Program will also be considered by the Athletic Director.

DRESS CODE AND GROOMING

All athletes are expected to follow the KCISD code of ethics pertaining to dress code while representing KCISD Athletics both on campus and when traveling. Male athletes will not be allowed to have facial hair or wear earrings at school, and/or during athletic events. Hair grooming will be kept in a manner to where it is not impeding the athlete's ability to compete nor is a distraction of focus to others. Hair length must comply with rules and safety regulations of individual sport participating in. The Athletic Director, Campus Administration and Athletic Coordinator will have authority to use professional judgement as needed while in compliance with district/campus grooming policy on a case-by-case basis. ALL ATHLETES will not be allowed to have nose rings at school or during athletic events. Consequences will be handled and followed through by the Athletic Coordinator and/or Girls' Coaching Staff. Athletes are discouraged from having tattoos in general. If an athlete has a tattoo, it must be covered when participating in any form of athletic event/activity. Failure to follow these guidelines will result in consequences and possible removal from team for a set time or indefinitely. The Athletic Department has very high expectations for all athletes that are involved in the program. The Athletic Department recognizes that each athlete represents KCISD, and this representation will be held to high standards during travel, competition, and in general.

ACADEMIC DISHONESTY

Refer to the KCISD High School and Junio High Handbook Policy. All coaches along with the Athletic Director have the option to levy additional consequences and/or physical conditioning reminders upon receiving evidence of academic dishonesty. These consequences may include loss of playing time or suspension depending on the severity of the incident.

SUBSTANCE ABUSE

Illegal Drugs and Steroids

The use of illegal substances without the consent of a doctor will lead to an immediate suspension from our Athletics Program. If further investigation and pertinent information presents itself, an indefinite dismissal or, in some cases, may result in the complete removal from KCISD Athletics Programs. The use of any chemical substance or illegal drug without the proper consent of a doctor are a deterrent to the health and training of an athlete. They are also against the law to consume and or have in an athlete's possession both on and off campus.

Citations or arrests on and off campus may result in suspension or dismissal from the Program. The Athletic Director and Head Coach of the athlete's current sport of participation must be notified immediately upon any arrest or citation issued to any athlete on or off campus.

If an athlete is arrested for being in possession or under the influence of an illegal drug, given a citation, or fails a drug screening facilitated by KCISD, disciplinary actions will be taken using the outlined 3 Strike Rule as follows:

1st Offense/ Strike 1 – Suspension from the Athletic Program for 14 calendar Days. Student-Athlete is expected to participate in all non-competition activities at the discretion of the head coach.

2nd Offense/ Strike 2 - Suspension from the Athletic Program for 30 calendar Days. Student-Athlete is expected to participate in all non-competition activities at the discretion of the head coach.

3rd Offense / Strike 3 - Suspension from the Athletic Program for 1 Full Calendar Year. The student-athlete is removed from all forms of athletic practicing and competition facilitated or represented by Karnes City I.S.D. During the suspension period, the athlete will be evaluated by coaches, staff, and administrators. If the athlete desires to re-join KCISD Athletics at suspensions end, both formal and informal evaluations in addition to other relative information regarding the athletes' current standing will be discussed with the Athletic Director, Athletic Coordinator, Head Coach, parent/guardian, and athlete in question prior to reinstatement into KCISD Athletics.

VAPING (POSSESSION / CONSUMPTION) POLICY

The U.S. Surgeon General has declared youth e-cigarette usage a health epidemic, and Texas schools are on the front lines. The increasing prevalence and accessibility of e-cigarettes, including e-cigarettes containing marijuana or other controlled substances, has greatly challenged the ability of school staff and administrators to provide a safe and healthy learning environment.

Current Texas Education Code requires the placement of a student in a disciplinary alternative education program (DAEP) if they sell, give, possess, or use marijuana or a dangerous drug at school. This includes e-cigarettes containing these controlled substances.

*Under the S.B 2428, the following policies outlined will be followed in accordance:

S.B. 2428 mandates DAEP placement of a student found possessing or using an e-cigarette. However, a student already in this program for possession or use of an e-cigarette may be temporarily removed from DAEP and placed in in-school suspension to make room for a student who has committed a violent offense.

S.B. 2428 also requires the Texas Education Agency to create a vaping/substance abuse education program, to be completed in-person or online. Students caught in possession of an e-cigarette are required to complete this course and pass an end-of-course assessment before they can be allowed back into the classroom.

To follow previously stated policies regarding alternative educational placements and the participation in extracurricular activities such as athletics, the same outcome(s) will be instituted regarding participation and traveling with any KCISD represented extracurricular program. A student-athlete will not be permitted to travel nor participate in any team activity, practice or competition associated with Karnes City I.S.D. or the U.I.L. throughout the duration of the students' alternative placement setting.

In accordance with the upcoming & updated school code of ethics and per district policy, any student found to be in possession of and/or under the influence of a vape substance will be handled with alternative classroom / campus placement(s). Any student found with a nicotine vape product will have alternative placement on campus. Any student found with a vape containing THC will be sent to district alternative school.

THEFT

Any athlete who is guilty of stealing from his or her teammates, school, and/or community will receive negative consequences. The Athletic Director, Athletic Coordinator and head coach will be responsible for communicating and determining the degree of punishment based on the gathered facts and details of the incident. Disciplinary action will be taken if an athlete is found to be in violation of this policy, which may include suspension or dismissal from the Athletic Program.

ABUSE/ LOSS OF DISTRICT EQUIPMENT AND FACILITIES

All equipment and facilities that the athletic department uses are funded through KCISD. The athlete will take care of all equipment and facilities while they are participants in our programs. Athletes are not permitted to have KCISD-owned equipment at home or off campus unless their coach has given permission to do so.

If an athlete loses a piece of equipment, the athlete will be responsible for paying for this equipment. If the athlete refuses to pay for the equipment, they will be removed from the Athletic Program and will be required to compensate KCISD for damaged and/or lost equipment before grade level advancement and/or graduation is permitted.

SOCIAL NETWORKING / WEBSITES/ ELECTRONIC COMMUNICATIONS

Athletes will be responsible for ensuring that all personal electronic communication is appropriate. Any communication including, but not limited to; Snapchat, Twitter, Facebook, Instagram, and inappropriate texting that is published or appearing on the internet is public domain even if it is marked private, is included.

Areas of appropriateness include, but are not limited to explicit language, pictures, suggestive poses, clothing, and reference to alcohol, drugs, and tobacco. Disciplinary action will be taken if an athlete is found to be involved in inappropriate, disruptive, lewd, or obscene pictures, comments, or statuses on any social networks and/or electronic communication, which may include suspension or dismissal from the Athletic Program.

MEDICAL DOCUMENTATION REQUIREMENTS

The forms listed below **MUST** be on file with the coaches before the student may participate in practices, scrimmages, or games. Athletes will have a 2-week window within which these documents must be on file with the athletic trainer. If the athlete does not comply, it will be communicated to both the athlete and the parent/guardian that this form of non-compliance may result in the athlete's removal from the Athletic Program.

REQUIRED MEDICAL / ATHLETIC FORMS NEEDED

- Physicals (must be signed and completed by a physician)
- Steroid Acknowledgement
- General UIL Rules and Extra Curricular Code
- Cardiac Arrest
- Concussion Acknowledgement
- Signed KCISD Athletic Handbook Acknowledgement Form

KCISD Athletics Extreme Weather Protocol

KCISD Athletics is committed to keeping our athletes as safe as possible when it comes to encountering extreme weather conditions. To better be informed of up-to-date weather conditions, KCISD utilizes the Perry Weather Device Station which is installed on the KCHS campus. The Perry Weather Station allows for specific and customized alerts that can be instantly communicated to all necessary administrators, coaches, and staff when extreme and/or imminent weather may impact KCISD. The weather station provides invaluable updates, warnings and notifications that enable Coaches and Administrators to better make informed decisions that will ultimately keep all safer when it comes to KCISD activities. The Administration Team, Athletic Director, and Athletic Trainer will make necessary and informed decisions regarding location, time, duration and intensity of athletic activities and competitions based on the Perry Weather Station. All KCISD staff, athletes, and spectators are required to comply with the warnings produced via Perry Weather.

Athletic Injuries and Insurance

Injuries are a common part of athletics, unfortunately. If an athlete sustains an injury or emergency as result of participation in an athletic event, it is the responsibility of all involved to communicate the injury occurrence. First, the athlete and coach must communicate the incident/injury details to the athletic trainer. The athletic trainers will immediately assess the severity of the injury/illness and communicate the findings to the athlete, coach, and to the parent/guardian. It is at the athletic

trainer's discretion to suggest the athlete be seen by a medical doctor based on the professional opinion and evaluation of the athletic trainer. Parents/Guardians have the option to have a second opinion evaluation performed by a doctor of their choice. Upon completion of the formal assessment and evaluation, the athletic trainer will develop a plan of action for each injury and may be in accordance with the medical doctor's recommendation, as needed. Regardless, all injuries/illnesses sustained while participating in an athletic event, must be reported/communicated to the athletic trainer prior to leaving a practice, game, or athletic period workout. Our trainer is a professional athletic trainer and is trained to handle medical situations. It is ultimately the parent and guardian's decision to seek medical treatment or opinions.

KCISD is not financially responsible for costs incurred by medical treatment. KCISD carries a supplemental insurance policy that pays a particular amount after all requirements have been met. It does not pay in full; it is only a supplement.

Head Athletic Trainer – Tori Whitaker

School E-Mail: twhitaker@kcisd.net

School Phone #: (830) 780-2321 ext. 6351

RECEIPT OF ATHLETIC HANDBOOK & AGREEMENT TO TERMS

The Karnes City ISD Athletic Handbook has been made available to parents on the KCISD website and hard copies are available upon request.

Acknowledgement of Athlete

I acknowledge that a copy of the KCISD Athletic Handbook has been issued to me. I have read, understand, and shall abide by the information contained in the handbook.

Athlete's Name First and Last (please print): _____

Athlete's Signature: _____ **Date:** _____

Sports: _____

Acknowledgement of Parent/Guardian

I understand and consent to the athlete responsibilities set forth in the KCISD Athletic Handbook. I also understand and agree that my child shall be held accountable for the behavior expectations and consequences set forth in the KCISD Athletic Handbook.

I understand that in addition to obeying rules set forth in the KCISD *Student Code of Conduct*, all athletes participating in KCISD athletics will be required to comply with the guidelines and disciplinary regulations contained in the KCISD Athletic Handbook.

I understand that the KCISD Athletic Handbook is not a substitute for the KCISD *Student Code of Conduct* or the official KCISD policy manual. I understand that the KCISD policies and procedures can change at any time. Additionally, I have been advised that my child's participation in interscholastic athletics is a privilege, not a right. Because participation in athletics is optional, I understand and agree that those who choose to participate will be held to higher standards of behavior and performance in and out of school.

Parent/Guardian First and Last Name (please print): _____

Parent/Guardian Signature: _____ **Date:** _____

Please fill out and return this form to your coach